



Teacher Training

YRTT INFORMATION

200 HOUR YOGA TEACHER TRAINING

Sept '18 - May '19

MAKING A DIFFERENCE!





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YOGA ROOTS TEACHER TRAINING

SEPT '18 - MAY '19

You are about to embark on a Journey of a Lifetime. This experience will change you, shape your thoughts, and allow you to share the gift of Yoga with the world. Embrace this opportunity to find yourself through senses and reasoning you have never before explored. Be open to the path that is before you.....your yoga roots!

Yoga Roots is a certified yoga school with Yoga Alliance, the governing body for all things yoga in the United States.

LEARN, EXPLORE, SHARE



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200 HOUR CYT

200 HOURS IS, WELL 200 HOURS

You are here because of your interest (or curiosity) about becoming a Certified Yoga Instructor (“CYT”) or, perhaps, deepening your understanding of Yoga and your practice. Everyone’s path is unique, yet powerful. Come make “forever” memories and friendships. We can’t wait to share in your transformation.

200 Hours represents the base level of certification. There are many models on how to achieve this mandatory time commitment, but no matter what, everyone must do a minimum of 200 hours. So how do we structure our teacher training?

Yoga Roots has adopted a format that is intended to be as minimally invasive on one’s outside world while contemporaneously providing the length and attention that is, in our experience, a quality teacher training. We will meet one weekend per month, giving you the balance of the month to apply your knowledge and practice skills you receive. The following are tentative dates for the 2018/19 YR Teacher Training:

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TEACHER TRAINING WEEKENDS

(TENTATIVE)

SEPTEMBER: 14,15,16

MARCH: 15,16,17

OCTOBER: 12,13,14

APRIL: 12,13,14

NOVEMBER: 9,10,11

MAY: 10,11,12

(GRADUATION WEEKEND)

DECEMBER: 7,8,9

JANUARY: 18,19,20

FEBRUARY: 15,16,17

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WAYS TO SAVE OR FINANCE

REGISTRATION FEE, DISCOUNTS & FINANCING OF TUITION

We realize this is an investment. Both Kim and Scott attended teacher training together and, as a result, understand it doubly. In the end, it is up to you to determine if this is your path and to invest in yourself. But we can honestly say, the value of yoga teacher training goes way beyond the certification that you will receive at the end.

This training will be a life changing event. You will wake up every day coming from a different perspective...one that helps you manage your challenges and take advantage of your opportunities. Join us on the amazing life's walk.

TUITION: \$3,350

DEPOSIT: \$500 TO RESERVE SPACE (NON-REFUNDABLE)

PREPAYMENT BY JULY 15TH: \$200 DISCOUNT

FULL PAYMENT WITHOUT FINANCE CHARGE: AUGUST 31ST

MONTHLY PAYMENT PLAN: ADD 10% INTEREST



- \$500 registration, plus \$391.88 due 1st Friday (Sept-May)

THREE PAYMENT PLAN:

ADD 6% INTEREST

- \$500 registration, plus \$1007.000 payable on 1st Friday in three monthly installments:

10/18

12/18 and

02/19

In an effort to control costs and tuition levels, we will accept **payments by check**. Should you require credit card processing, then each of the aforementioned payments will incur a 3.5% Processing Fee. If you need to discuss alternative means to cover the cost of this program, please e-mail us at kim.curtis@yogaroots.com. Our hope is that everyone who wants to take teacher training can find a way to financially do so. Let's chat!

REFUNDABILITY TERMS:

\$500 Deposit Non-refundable; "Non Deposit" funds are refundable as follows: 100% by 8/1/18, 50% by 9/1/18. All proceeds are non-refundable after 9/1/18.

* Could potentially defer depending upon circumstances.

ADDITIONAL EXPENSES:

Each student will be responsible for the cost of their study materials, including the assigned books/study guides, manual reproduction, journals and misc office supplies. Estimate of \$100.00 out of pocket expenses.

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MENTORS

KIM CURTIS, LEAD TEACHER

Yoga Roots is pleased to offer our Third Teacher Training. As our current class of 22 students approaches graduation in May, 2018, we can share that our vision and hopes for a successful teacher training have been realized. We bring this experience forward and look to provide a training like no other.

Kim Curtis is the owner of Yoga Roots, now in its fifth year of operation. Kim found yoga as a result of a sports injury, and from there she knew she needed a deeper sense of the practice. Following a yoga retreat in Thailand, she came home on fire and with a passion to spread the gift of yoga. Each day she is blessed with this opportunity to spend time with fellow yogis, witness/effect daily transformation, and give back.

Yoga Roots is truly a Community. We empower our teachers to be leaders in Making a Difference. In this spirit, you will see many of your YR teachers involved in this training. Together, we hope to inspire. Come join us and become part of this special YR family!